

# Heart Rice Warmer Pattern

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1. Cut 2 on the fold
2. Using a 1/2" seam allowance sew around the edge, leaving 2" open along the flat end
3. Clip edges and turn right side out
4. Fill with 2 cups of dry rice
5. Stitch hole closed
6. Heat for 1 minute in the microwave and use as a warmer

