

# TRADITION

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l am a: Maker Creative Business Owner Dreamer Talker aka Podcaster Wife Teacher and workshop host Minimalist Taco Addict Mother of 3 humans + 1 dog + 3 chickens Cactus Lover Freelance Content Creator Moving Expert Person

HAPPY HOLIDAYS! MERRY CHRISTMAS! HAPPY HANUKKAH! HAPPY KWAANZA! MERRY WINTER SOLSTICE! HAPPY NATIONAL CUPCAKE DAY! HAPPY CHOCOLATE COVERED ANYTHING DAY! HAPPY ANSWER THE PHONE LIKE BUDDY THE ELF DAY!



#### DO YOU KNOW WHY YOU FOLLOW TRADITIONS?

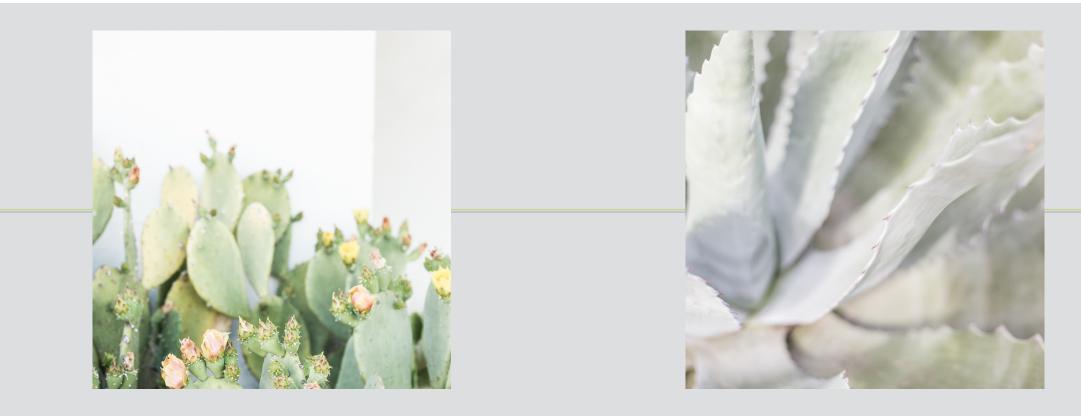
### WHAT DO THEY CONTRIBUTE TO YOUR WELL BEING?

#### **HOW DO THEY SERVE YOU?**





#### TRADITION IS DOING THE SAME THING OVER AND OVER



BUIL

CONNECTS LIKE MINDED COMMUNITY



#### **BUILDS IDENTITY**

INSPIRES A DEEPER MEANING FOR EVERYDAY LIFE



#### **FAMILY TRADITIONS**

VALENTINE'S DAY BOOKS

EASTER BATHING SUITS

AEBLESKIVER BREAKFASTS

### WHEREIN I BLASPHEME A FAMILY TRADITION





#### AND IT TURNS OUT AMAZING

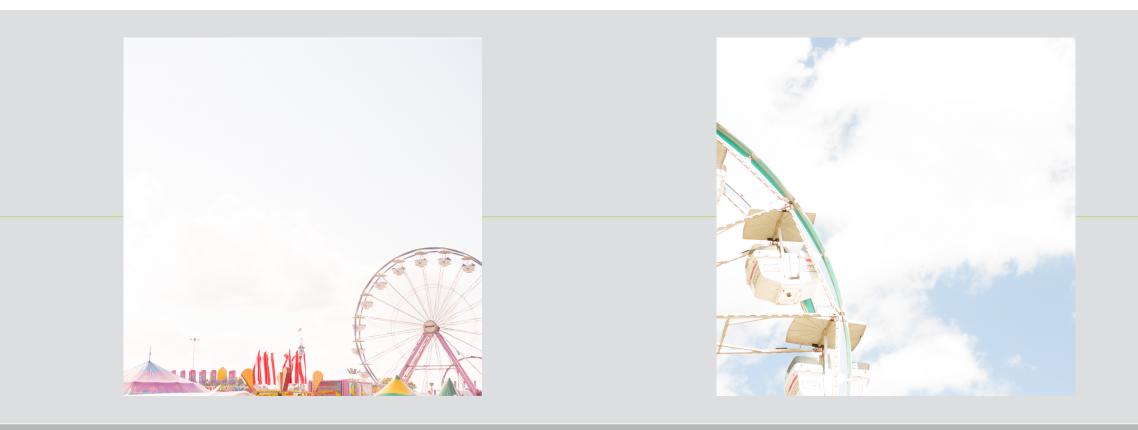


### **REALIZATION:**

I can choose. I can even create.



#### **CREATIVITY IS DOING SOMETHING NEW AND DIFFERENT**



S LIKE BUILDS IDENTITY ED NITY

CONNECTS LIKE MINDED COMMUNITY



INSPIRES A DEEPER MEANING FOR EVERYDAY LIFE



## WE BRIDGE TRADITION AND

WITH INTENTION



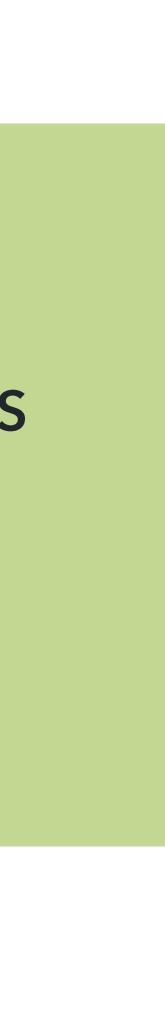


#### **NEW FAMILY TRADITIONS**

PIZZA FRIDAY

THEMED CHRISTMAS GIFTS

BIRTHDAY MORNING



#### WHICH TRADITIONS INSPIRE JOY AND CONNECTION?

#### WHAT DO YOU WANT TO FEEL DURING THE HOLIDAYS, AND IN YOUR LIFE?

HOW CAN YOU USE YOUR IMAGINATION TO CREATE NEW TRADITIONS?







## THANK YOU

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Live Free Creative Podcast

<u>livefreecreative.co</u>

