



Miranda Anderson

AUTHOR, SPEAKER, PODCAST HOST

Miranda Anderson is an inspiring speaker, teacher, podcast host, and author of the book *More Than Enough*. During a year-long no shopping challenge, she and her family developed a new sense of gratitude, patience and abundance that has transformed their perspective on what “Enough” really looks like. She has spoken at conferences for over five years, with audiences ranging from 30-300 attendees. Her podcast reaches thousands of engaged listeners each week. She is dynamic, energetic, while still remaining candid and relatable. Her goal is to leave the audience with something to think about, something new to feel, as well as something to DO to move forward toward living the life of their dreams.

Keynote Topic

MORE THAN ENOUGH: DISCOVERING THE POWER OF PRACTICAL MINIMALISM

Paring down the amount of decisions we make each day can leave us with more energy for the things that matter most. In this talk, Miranda shares personal examples from her year of practical minimalism of how choosing to minimize some areas of life breathed enthusiasm, creativity, and focus into others.

TAKEAWAYS:

1

Developing abundance mindset: You already have everything you need.

2

How to adopt a personal gratitude practice to transform your work and personal habits.

3

Overcoming the overwhelm of “too much” or “not enough” and finding balance in “more than enough”

Other Relevant Topics

GROWTH AND ENGAGEMENT

It is easy to be so caught up in outward metrics that we fail to remember that true success lies internally, in the fulfillment we find in our everyday life. This talk encourages the audience to press pause long enough to ensure they are growing and engaged in their personal lives as well as their careers and companies. When we find joy and satisfaction in our daily life, our effective output in all areas increases.

AN ADVENTURE MINDSET

Choosing to stop shopping for an entire year as a family of five was an incredible adventure—not because it meant climbing mountains or sailing the seas, but because it invited creative problem solving, curiosity, and enthusiasm. This talk teaches the audience about the five E’s of an adventure mindset, and how approaching life with this perspective is powerful.



Miranda has been a featured speaker at:

Rebelle
DESIGN YOUR LIFE



Thrive

CREATIVE MORNINGS

Snap!
Cook. Create. Celebrate.

mom2.0
SUMMIT

What people have said:

“

Miranda is a natural speaker and is able to captivate an audience, entertain, educate and inspire all at the same time. Not only that but she is quick to respond to questions we have, values our advice or opinions, and is timely with deliverables for our speaker deadlines. We have been so honored to have her speak and look forward to her coming back again in the future. If you hire Miranda to speak to your audience you will not be disappointed.

— BREE PAIR, FOUNDER + CEO OF THRIVE

“

We were so happy to have Miranda lead a workshop for Rebelle Con. Her presentation was thoughtfully prepared and full of personal best practices. Miranda is relatable and kind and makes all participants feel at ease and ready to learn.

— SHANNON SIRIANO GREENWOOD,
FOUNDER OF REBELLE CON



To book Miranda please contact:

Email: miranda@livefreecreative.co // Call: (801)-455-0725 • Website/Speaking Samples: livefreecreative.co/speaker