



40 QUESTIONS FOR YOUR BIRTHDAY

1. What did you do this year that you'd never done before?
2. Did you keep your New Year's resolutions?
3. Did anyone close to you give birth?
4. Did anyone close to you die?
5. What cities/states/countries did you visit?
6. What would you like to have next year that you lacked this year?
7. If I had the coming year off, what would I do with my time?
8. What was your biggest achievement of the year?
9. What was your biggest failure?
10. What other hardships did you face?
11. Did you suffer illness or injury?
12. What was the best thing you bought?
13. What relationship surprised you?
14. Something I want to do that seems impossible?
15. Where did most of your money go?
16. What did you get really, really, really excited about?
17. What song will always remind you of this year?
18. Compared to this time last year, are you:
 - Happier or sadder?
 - More or less hopeful?
 - More connected to your family and friends?
19. What do you wish you'd done more of?
20. What do you wish you'd done less of?
21. How will you be spending Christmas?
22. Did you fall in love this year?
23. What is something you've moved on from that you were into last year?
24. What was your favorite show?
25. What was the best book you read?
26. What was your greatest musical discovery of the year?
27. What was your favorite film?
28. What was your favorite meal?
29. What did you want and get?
30. What did you want and not get?
31. What did you do on your birthday?
32. What one thing would have made your year immeasurably more satisfying?
33. How would you describe your personal fashion concept of the year?
34. What kept you sane?
35. What was the best advice I received this year?
36. What political issue stirred you the most?
37. Who did you miss?
38. Who was the best new person you met?
39. What valuable life lesson did you learn this year?
40. What is a quote that sums up your year?