

ALL AT ONCE BY TYPE

Take everything from one category out at once and ask:
Do I love this? Do I use this often? Does this add value to my life right now? Would I buy this again today?

ALL AT ONCE BY AREA

Take everything from one space. Choose what to put back, using the same questions. Only replace the things you love and want to keep.

LITTLE BY LITTLE BY TYPE

Put a box or paper bag in each room or closet that you would like to declutter. As you put things away and clean naturally, toss things you don't want into the box to donate.

HALF-WAY POINT

If you're worried about donation remorse, keep things you've chosen to donate in a box in the garage for 3-6 months. When the time is up, give it away without looking inside.

SEASONALLY

As you are rotating decorations, clothing, and other items naturally in seasonal transitions, take a minute to be intentional about what you put into storage and what you can donate.

TRASH OR RECYCLE

Anything that isn't in good enough condition to donate should be thrown away or recycled if possible. Consider creative recycling such as donating denim to Madewell or electronics to Apple.

DONATE

Most areas have a central donation center that accepts most types of products. Also consider special use donation such as creative reuse centers and cabinets and appliances to Habitat for Humanity.

GIVE AWAY TO FRIENDS

Be thoughtful and consider who within your circle of friends and family might love some of your special items. This way, you give them new life, and build community and relationships.

SELL LOCALLY

Locally you can sell items that are too large to ship or easy to search for on facebook marketplace and craigslist. Furniture, and decor items do best locally.

SELL AND SHIP

eBay and Poshmark, among others, are great spaces to sell clothing and designer goods online that are easy to ship. This takes a bigger commitment, but is also nice to make some cash!

