

REFLECTION

QUESTIONS

for the end of the year

What is something we did this year that you think you will remember for the rest of your life?

What is something you accomplished this year that you are proud of?

What was the most challenging part of this year for you?

Where was your favorite place to spend time this year?

If you could change one thing that happened this year, what would it be?

What are three things you did this year to help your friends or family members?

What are the three most important things you learned this year?

What is something that was hard for you at the start of the year but is easier now?

In what area of life do you feel you made your biggest improvements?

How did you have fun this year?

What are you the most proud of this year?

What did you learn about yourself?

What was the best decision you made this year?

Who or what had the biggest impact on your life this year?

What did you let go of this year?

What were the most useful resources you had?

What are you thankful for this year?